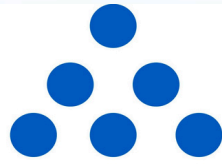


PRAGATHI CENTRAL JUNIORS

(Mithila Nagar)



Pragathi

CENTRAL JUNIORS

*Rise. Reach.*



COGNIZANCE

Igniting Insight, Inspiring Thought

2025 - 2026

# Commitment to Quality Education

**CORRESPONDENT & FOUNDER**  
*Pragathi Group of Educational Institutions*

**Sri Dayakar Reddy Dubbaka**



At the outset, I would like to thank all the parents for the trust they have reposed in the schools of Pragathi, which have evolved into an icon of value-based education blended with academic excellence over the past 32 years. The continued confidence of parents over such a long period speaks volumes about our commitment to providing the very best education and nurturing students into responsible and valuable members of society.

Encouraged by the support and requests of parents, we have been expanding our branches to provide quality education with an affordable fee structure. Out of the surplus generated by these schools, 50% is reinvested in improving infrastructure, while the remaining 50% is contributed to People's Nest, a hostel that provides free education and accommodation to children from the poorest sections of society.

Pragathi Holistic School has been established at Bowrampet on a sprawling 4-acre campus with state-of-the-art facilities, including a swimming pool, while still maintaining an affordable fee structure.

We are constantly striving to collaborate with educators who can provide hands-on training kits in Science and Mathematics to cater to the needs of students at various learning levels. Based on feedback received from students and teachers, we are also working towards developing more innovative and effective hands-on learning resources. A separate cell has been established to create student-centered teaching aids.

Ms. V.N. Chakravarthy, Director-Academics, has been working tirelessly for the past 16 years to ensure uniformity in pedagogy and the implementation of modern teaching methodologies across all campuses, while also keeping pace with the latest developments in the field of education. Her visionary leadership, unwavering commitment to academic excellence, and meticulous guidance have played a pivotal role in strengthening the institution's academic framework. Through her continuous efforts in mentoring faculty, enhancing curriculum delivery, and fostering an environment of innovation and learning, she has significantly contributed to elevating the overall quality of education and student outcomes across all the campuses.

We sincerely thank our parents, students, and teaching fraternity for their continuous support in helping us uphold and surpass the benchmarks we have set for ourselves.

This magazine is a reflection of the diverse talents and creativity of our students, nurtured and guided by our experienced and dedicated teachers.



# Leading with Purpose

ACADEMIC DIRECTOR

**Ms. V.N.Chakravarthy**

At Pragathi, education extends far beyond textbooks and examinations. It is a purposeful journey of nurturing thinking minds, responsible individuals, and confident learners. This magazine is a reflection of that journey.

We are proud to share that our students at PCS have once again demonstrated outstanding academic excellence in the CBSE Grade X Board Examinations, with a 100% pass result and a strong batch average of 85.8% across 300 students. With 86.6% distinctions, 40% students scoring above 90%, and a highest score of 495/500, these results stand as a testament to the consistency, discipline, and conceptual clarity our learners have built over the years.

Equally, our commitment extends to holistic development and well-being. At Pragathi, we consciously nurture children to become balanced individuals by focusing on:

- Physical health and mindful habits
- Emotional well-being, resilience, and self-awareness
- Safety and responsibility, including digital and cyber safety awareness
- Financial literacy and future-readiness through exposure to Artificial Intelligence
- Accountability, independence, and perseverance
- Community service and empathetic action
- Environmental sensitivity and sustainable practices
- A strong sense of national pride, along with a balanced global outlook

Our flagship programmes such as Wellness Wednesday, DEAR Time, Clean Plate Challenge, and value-integrated learning modules ensure that these values are not merely taught, but consistently practised and internalised.

Over the years, our classrooms have evolved into spaces of structured thinking, inquiry, and meaningful application, where learning extends beyond concepts into character, conduct, and conscious living.

Every page of this magazine reflects the voice, creativity, values, and learning of our students.

I extend my sincere appreciation to our teachers and parent community for their continued trust and partnership.

To our students – this magazine belongs to you.

May you continue to learn deeply.



## Guiding Every Child with Care

CAMPUS INCHARGE  
Ms. Santwana Dash

Pragathi Central Juniors is more than just a school. It is a caring place where children feel safe, happy, and confident to learn and grow. We share a strong bond with our parents, and their trust and support encourage us to do our best every day.

At our campus, learning is not limited to books. Along with academics, we focus on good values, discipline, and important life skills. We help children become kind, responsible, and emotionally strong individuals who are ready to face the future.

The progress of our students shows the hard work and dedication of our teachers and the teamwork of our entire school family. We are guided by our respected Academic Director, Ms. V. N. Chakravarty, whose vision and leadership inspire us to move forward with confidence.

I feel proud and grateful to be a part of this wonderful institution, where learning is meaningful and every child is cared for and valued.





## From the Editor's Desk: *Capturing the Spark*

Ms. Sharmila Maroli

Welcome to this joyful edition of Cognizance - Pragathi Central Juniors!

This edition is a cheerful celebration of the curiosity, creativity, and enthusiasm that fill our junior classrooms every day. From the tiny yet confident steps of Nursery tots and the blossoming independence of Pre-Primary kids, to the rapidly growing ideas and expressions of our Primary students, these pages capture the lively spirit of learning at Pragathi Central Juniors.

The magazine brings together a colourful collection of moments—students joyfully engaged in hands-on activities across subjects, enthusiastic participation in competitions, and memorable experiences from field trips and picnics. Each photograph tells a story of exploration, teamwork, and discovery, reflecting how learning goes beyond textbooks and becomes a joyful experience.

This junior edition of Cognizance is truly a collective effort—made vibrant by the dedication of teachers, the enthusiasm of students, the encouragement of our school leadership, our Academic Director Ms.V.N.Chakravarthy and the unwavering support of the Management.

It stands as a warm snapshot of joyful learning, early creativity, and growing confidence.

May this magazine bring smiles to your faces, pride to our young learners, and inspiration to continue nurturing curiosity and creativity in every child.

A vibrant, cartoon-style illustration for a nursery rhyme. The background is a light green sky with white stars and clouds. At the top, a white dove flies on the left, a smiling sun with a face is on the right, and a pink bow is centered on a green leafy branch. The word "Nursery" is written in a large, red, cursive font. Below it, a poem is written in a simple, black, sans-serif font. The bottom of the illustration features a wooden fence with a sheep, a child, a wheelbarrow with flowers, and trees.

# Nursery

**Tiny feet and giggles bright,  
Learning, laughing from morning till night.  
With crayons, stories, and songs so sweet,  
Nursery kids make learning a joyful treat.**

# My Home Activity



My home is small, my home is sweet,  
A happy place where we all meet.  
I play and learn and laugh all day,  
With my family in a joyful way.



**NURSERY URVI**



**GROSS MOTOR SKILLS  
ACTIVITY :**

**LETTER - "B"**

**PCJM**



**Gross  
Motor  
Skills**

**Nursery - Kshithi  
PCJM**



**Gross motor skills  
Activity - Letter "H"**



# Gross Motor Skills



Gross motor skills activity:

Letter "M"



Nursery URVI  
PCJM

# Fine Motor Skills



**Fine motor skills activity on letter "L"**



**Nursery URVI**

**PCJM**



**Fine motor skills Activity On letter "F"**



**Nursery - Kshithi**

**PCJM**



**Nursery URVI  
PCJM**



**Fine  
Motor  
Skills**

**Fine-motor skills activity:  
Number - "7"**



**Fine motor skills  
activity :**

**Number - "8"**



**Nursery URVI  
PCJM**



# Fine Motor Skills

Fine motor skills activity :  
Number - "10"



Nursery URVI  
PCJM



# Vegetable sorting Activity



Nursery URVI

PCJM



Little learners sort with care,  
Veggies fresh from here to there.  
Colours, shapes, a joyful start,  
Learning with a happy heart!

**Celebrating  
Pink Colour Day**

**Nursery URVI**



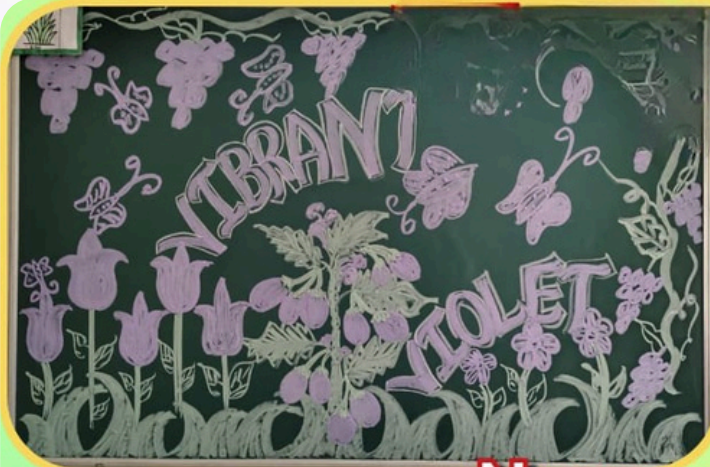
**Pink is pretty, pink is bright,  
Pink makes everything feel right.  
Pink like flowers, pink like cheeks,  
Pink is lovely all the weeks!**

# Celebrating Violet Colour Day



**Violet is a lovely colour bright,  
Shining softly in the light.  
Violet flowers bloom with grace,  
Bringing smiles to every face.**

# Celebrating Violet Colour Day



**Nursery-Kshithi  
PCJM**



**Violet, violet, calm and true,  
A gentle colour, fresh and new.  
Like tiny blooms in morning dew,  
Violet smiles at me and you!**

# Celebrating Yellow Colour Day



**Nursery - Kshithi  
PCJM**



**Yellow, yellow, warm and bright,  
Fills our day with happy light.  
Like a sunflower in the sky,  
Yellow makes us smile so high!**



# PP-1

**Little steps and smiling faces,  
Pre-Primary kids learn in fun ways.  
Songs and games the whole day through,  
Learning is joy in all they do!**





# MEDITATION TIME

## PCJM PP1-URVI

Sit so still, breathe in,  
breathe out,  
Feel calm and happy,  
no rush, no shout.  
Close your eyes, count  
one, two, three,  
Meditation brings  
peace to me!



## PCJM PP1-URVI



# Gross Motor Skills Activities

Gross Motor skills help children become strong, active, and healthy. Playing games, dancing, and outdoor activities help improve gross motor skills.



# Gross Motor Skills Activities



**GMS ACTIVITY  
FOR LETTER 'Y'**

**PCJM  
PP1-URVI**



# Fine Motor Skills Activities



# COMMUNITY HELPERS



Lawyer and police  
**PCJM**

**PP1-URVI**



*Farmers*



*Vegetable Seller*



Lawyer gives justice, fair and right,  
Police keep us safe day and night.  
Doctor helps when we are ill,  
Farmer grows food with care and skill.  
Vegetable seller brings veggies each day,  
Helpers make our life happy in every way!

# FRUIT SALAD MAKING

Apple, banana, grapes so sweet,  
Mixing fruits is fun to eat!  
Little hands stir with happy cheer,  
Healthy fruit salad is ready here!

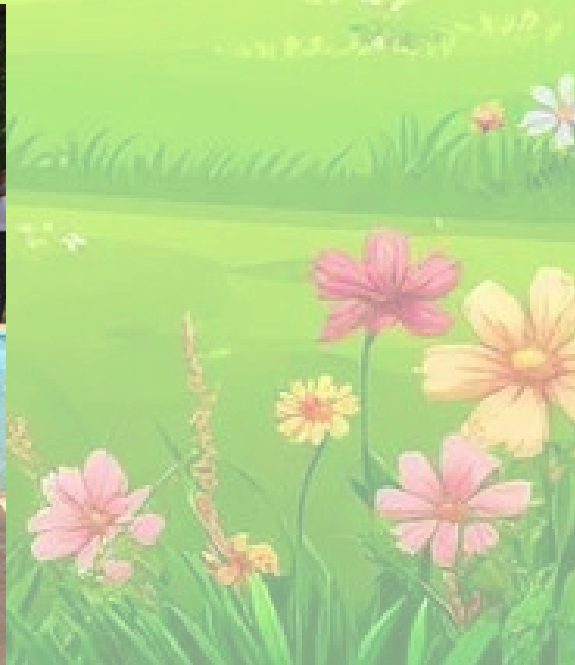




Tricolour waves with pride and grace,  
Honouring our nation's strong embrace.  
Little hearts cheer, spirits stay high,  
Celebrating Republic Day with joy nearby.



# VISIT TO NTR PARK



# PP- II

We clap, laugh, dance and cheer,  
Learning together, year by year.  
With caring hearts and curious minds,  
A world of joy and learning we find!



# Fasten shoe lace Activity



Children learn to fasten their shoe laces step by step. This activity improves their hand coordination and independence.



# Activities Galore

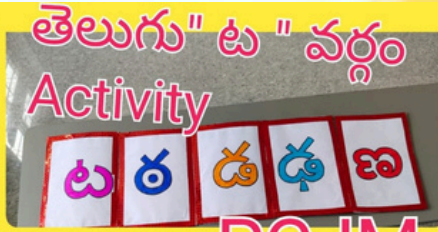


From art and dance to games on the floor, the classroom buzzed with activities throughout the year. Children enjoyed the hands-on learning.

# తెలుగు



# తెలుగు



PC, JM  
pp2(urvi)



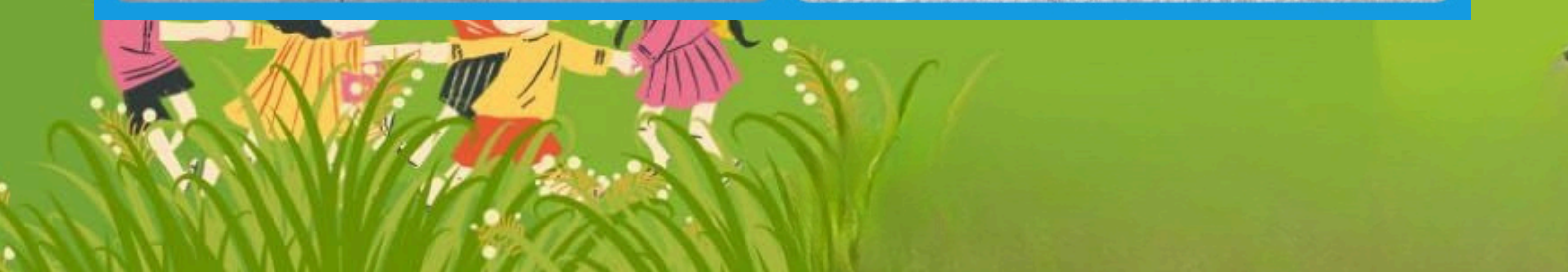
# తెలుగు



తెలుగు Activity  
PP2(urvi)



pcjm



# VISIT TO NTR PARK





# Grade 1

**Colourful walls and charts on display,  
Our classroom is fun every day.  
With friends and teachers by our side,  
We learn with joy and lots of pride!**



# हैंवी

## Fruit salad Making Activity



Hindi fruit salad activity



सेब, केला, अंगूर लाए,  
मिलकर हमने सलाद  
बनाए।  
मीठे फल सब साथ में  
खाए,  
स्वस्थ रहना हम सीख  
जाएँ!





# Clothes We Wear

## Buttoning shirt



## Unbuttoning shirt



Tiny fingers learn big skills — buttoning and unbuttoning with care and pride.

Through this EVS activity, students build independence, coordination, and confidence for everyday life. ☀

Classrooms turned into colorful stalls, buzzing with creativity and cheer. Through this activity, children learned teamwork, communication, and the joy of sharing ideas together

# STALLS AT SCHOOL





# POSTER MAKING -SAFETY RULES



**SAFETY**  
is as simple as ABC

**A** ALWAYS  
**B** E  
**C** CAREFUL

Little hands spread big messages – Students create posters to learn and share important safety rules - at school, at home, at play.





# తెలుగు Telugu



## Grade1 URVI

### గుణింత గుర్తులు

✓ - తలకట్టు (అ)	↖ - ఎత్వం (ఎ)
↗ - దీర్ఘం (ఆ)	↘ - ఏత్వం (ఏ)
9 - గుడి (ఇ)	⌋ - ఐత్వం (ఐ)
9 - గుడిదీర్ఘం (ఈ)	⌌ - ఒత్వం (ఒ)
∩ - కొమ్ము (ఉ)	∩ - ఓత్వం (ఓ)
∩ - కొమ్ము దీర్ఘం (ఊ)	∩ - ఔత్వం (ఔ)
∩ - బుత్వం (బు)	○ - సున్నా (అం)
∩ - బుత్వం దీర్ఘం (బూ)	⊙ - విసర్గ (అః)

✓ ↖ ↗ 9 9 ∩ ∩ ∩ ⊙ ⊙

క కా కీ కు కూ క్ క్క కె కై కౌ కౌ కం కః

గుణింతపు గుర్తుల  
కార్యకలాపంలో  
చిన్నారులు అక్షరాలతో  
స్నేహం చేస్తూ  
ఆనందంగా  
నేర్చుకున్నారు.  
ఆడుతూ-పాడుతూ  
గుణింతాలపై పట్టు  
సాధించి, చదవడంలో  
నమ్మకం  
పెంచుకున్నారు.



## Grade1 Kshithi



# Field Trip to Botanical Garden





# THEMATIC ASSEMBLIES





## PCJM PP1-URVI



**Morning Assembly sets a positive tone for the day as students come together in prayer, thought, and song.**

**It nurtures discipline, confidence, and unity, preparing young minds for joyful learning ahead.**





# "GOOD HABITS" ASSEMBLY

**PCJM  
PP1-URVI**





PP - II Urvi



Each morning begins in a joyful way,  
With special themes to guide our day.  
Thoughts and values, songs and cheer,  
Morning assembly we all hold dear!

